



Griffin Training

Solutions for a Modern Workforce

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Team Building Techniques

An organisation's human capital is the most valuable resource an organisation owns. Yet if its staff cannot work together as a team this human capital becomes meaningless. Modern workforces need teams that can work together to achieve the company's goals. This course is designed to give participants the skills necessary to develop corporate teams. Participants will be introduced to team dynamics, group interaction, conflict resolution and team development.

Objectives:

- To understand the role and purpose for the corporate team
- To understand the basics of team dynamics
- To be aware of the barriers to team development
- To gain the necessary skills to assist corporate team building

Content:

- The Role and Purpose of Corporate Teams
- An Introduction to Group Interaction
- The Basics of Team Dynamics
- Conflict Resolution for Team Dynamics
- Strategies to Promote Team Cohesion
- Practical Team Building Techniques